

# JANUARY 2025 CLASS CALENDAR



In Person = Green    Online/In Person = Orange    Facebook/YouTube = Purple    Zoom = Black

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 9am Morning Meditation 9:30am Tai Chi 11:30am Open Mind "The Secret" 1pm Sharon's Roundtable	<b>2</b> 9am Morning Meditation 11:30am Beyond Sober "Craft it Out!" 1pm Food with Friends	<b>3</b> <b>HUB OPENS AT 10AM</b> 10:15 Keep Your Power 11:30am Give Me the Mic 2pm Game Time	
<b>5</b>	<b>6</b> 9am Morning Meditation 9:30am Tai Chi 10am Another Way 11:30am Positive Self Esteem 12:30pm Peer Leader Info Session	<b>7</b> 9am Morning Meditation 10am The Aruba Effect 11:30am Beyond Sober "Move a Muscle, Change a Thought" 3pm Smart Recovery	<b>8</b> 9am Morning Meditation 9:30am Tai Chi 10am DV Support Group for Women 10am Buying your first home 11:30am Open Mind "The Secret"	<b>9</b> 9am Morning Meditation 10am Women's Group 10am Men's Group 10am LGBTQIA+ Group 11:30am Beyond Sober "Rock Painting for Recovery"	<b>10</b> <b>HUB OPENS AT 10AM</b> 10:15 Keep Your Power 1pm Smart Recovery	<b>11</b>
<b>12</b>	<b>13</b> 9am Morning Meditation 9:30am Tai Chi 10am Another Way 11:30am Positive Self Esteem 1pm Work It	<b>14</b> 9am Morning Meditation 10am Overcoming w/ Ashley 11:30am Beyond Sober "Handmade & Healing Necklaces" 2pm Self Care Group 3pm Smart Recovery	<b>15</b> 9am Morning Meditation 9:30am Tai Chi 11:30am Open Mind "The Secret" 1pm Sharon's Roundtable	<b>16</b> 9am Morning Meditation 11:30am Beyond Sober "The Artistry of Herbal Blends" 1pm Budgeting Workshop 1pm Food with Friends	<b>17</b> <b>HUB OPENS AT 10AM</b> 10:15 Keep Your Power 11:30am ClayWorks 1pm Smart Recovery 2pm Game Time	<b>18</b>
<b>19</b>	<b>20</b> 9am Morning Meditation 9:30am Tai Chi 10am Another Way 11:30am Positive Self Esteem	<b>21</b> 9am Morning Meditation 10am Overcoming w/ Ashley 11:30am Beyond Sober "Move a Muscle, Change a Thought" 3pm Smart Recovery	<b>22</b> 9am Morning Meditation 9:30am Tai Chi 10am DV Support Group for Women 11:30am Open Mind "The Secret"	<b>23</b> 9am Morning Meditation 10am Women's Group 10am Men's Group 10am LGBTQIA+ Group 11:30am Beyond Sober "Improv for Fun and for Life!"	<b>24</b> <b>HUB OPENS AT 10AM</b> 10:15 Keep Your Power 1pm Smart Recovery	<b>25</b>
<b>26</b>	<b>27</b> 9am Morning Meditation 9:30am Tai Chi 10am Another Way 11:30am Positive Self Esteem	<b>28</b> 9am Morning Meditation 10am The Aruba Effect 11:30am Beyond Sober "Alter Scrap Books" 2pm Self Care Group 3pm Smart Recovery	<b>29</b> 9am Morning Meditation 9:30am Tai Chi 11:30am Open Mind "The Secret" 1pm Sharon's Roundtable	<b>30</b> 9am Morning Meditation 11:30am Beyond Sober "Poetry with a Purpose" 1pm Budgeting Workshop	<b>31</b> <b>HUB OPENS AT 10AM</b> 10:15 Keep Your Power 11:30am Give Me the Mic 1pm Smart Recovery 2pm Game Time	