

DECEMBER 2025 CHARLOTTE RECOVERY HUB CALENDAR

The Hub
1401 East 7th St
Charlotte, NC 28204

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9:15 AM Mustard Seed 9:30 Morning Meditation 10:00AM Another way 10:00AM Purple Ribbon 11:00 AM Employment 11:00 AM LGBTQ + 11:00AM Smart Recovery	2 9:00 AM Morning Meditation 10:00 AM Overcoming with Ashley 10:00 AM Seizure Awareness 11:00 AM Recovery Journaling 12:00PM - 1:00 PM Hub is Closed	3 9:00 AM Tai-Chi 9:00 AM Coffee and Chat 9:00 AM Morning Meditation 10:00 AM Recovery 101 10:00 AM Emotional Recovery 11:00 AM Robins Book Club 11:00 AM Stocks and Bonds	4 10:00 AM Men's Group 10:00 AM Women's Group 11:00 AM Improv 11:00 AM Grief Group- Hive Room 12:00-1:00 PM HUB CLOSED	5 8:00-10:00 AM HUB CLOSED 10:00 AM Morning Meditation 10:00 AM Music and Healing 10:30 Keeping Your Power 11:00 AM Cafe Bus Stop
8 9:15 AM Mustard Seed 9:30 Morning Meditation 10:00AM Another Way 10:00 AM Purple Ribbon 10:00 AM Goal Setting 11:00 AM Character Counts 11:00 AM Smart Recovery	9 9:00 Morning Meditation 10:00 AM Overcoming with Ashley 11:00 AM Recovery Journaling 11:00 AM Hip Hop Dancing 11:00 AM Finding Your Superhero 12:00-1:00 PM Hub is Closed	10 9:00 AM Tai-Chi 9:00 AM Coffee and Chat 9:00 AM Morning Meditation 10:00 AM Recovery 101 10:00 AM Emotional Recovery 11:00 AM Robins Book Club 11:00 AM Stocks and Bonds	11 10:00 AM Men's Group 10:00 AM Women's Group 10:00 AM Coping with Crafts 11:00 AM Improv 11:00 AM Grief Group- Hive Room 12:00-1:00 PM HUB CLOSED	12 8:00-10:00 AM HUB CLOSED 10:00 AM Morning Meditation 10:30 Keeping Your Power 11:00 AM Cafe Bus Stop 11:00 Weekly Wins and Barrier
15 9:15 AM Mustard Seed 9:30 AM Morning Meditation 10:00AM Another Way 10:00AM Purple Ribbon 11:00AM Goal Setting 11:00 AM Smart Recovery	16 9:00 AM Morning Meditation 10:00 AM Overcoming With Ashley 10:00 AM Recovery Journaling 11:00 AM Rational Recovery 11:00 AM Finding Your Superhero 12:00 PM - 1:00PM Closed	17 9:00 AM Tai-Chi 9:00 AM Coffee and Chat 9:00 AM Morning Meditation 10:00 AM Recovery 101 10:00 AM Emotional Recovery 11:00 AM Robins Book Club 11:00 AM Stocks and Bonds	18 10:00 AM Coffee and Chat 10:00 AM Guerilla Poets: Writing For Wellness 11:00 AM Improv 11:00 AM Grief Group- Hive Room 12:00-1:00 PM HUB CLOSED	19 8:00-10:00 AM HUB CLOSED 10:00 AM Morning Meditation 10:00 AM Clayworks 10:30 Keeping Your Power 11:00 AM Cafe Bus Stop
22 9:00 AM Morning Meditation 9:15 AM Mustard Seed 10:00 AM Another Way 10:00AM Purple Ribbon 10:00 AM Goal Setting 11:00 AM Smart Recovery 11:00 AM Character Counts	23 9:00 Morning Meditation 9:00 AM Tai-Chi 10:00 Overcoming with Ashley 10:00 AM Recovery Journaling 11:00 AM Rational Recovery 11:00 AM Finding Your Superhero 12:00PM - 1:00PM Closed	24 CLOSED FOR THE HOLIDAY	25 CLOSED FOR THE HOLIDAY	26 8:00-10:00 AM HUB CLOSED 10:00 AM Morning Meditation 10:30 Keeping Your Power 11:00 AM Cafe Bus Stop 11:00 Weekly Wins and Barriers
29 9:15 AM Mustard Seed 9:30 AM Morning Meditation 10:00 AM Purple Ribbon 10:00 AM Goal Setting 11:00 AM Smart Recovery 11:00 AM Healthy Conflict Resolution	30 9:00 AM Morning Meditation 10:00 Overcoming with Ashley 10:00 AM Recovery Journaling 11:00AM Goal Setting 11:00 AM Finding Your Superhero 12:00 PM - 1:00PM Hub Closed	31 9:00 AM Tai-Chi 9:00 AM Coffee and Chat 9:00 AM Morning Meditation 10:00 AM Recovery 101 10:00 AM Emotional Recovery 11:00 AM Robins Book Club 11:00 Stocks and Bonds	<div>  Large Classroom  Cafe </div> <div>  Small Classroom/Computer Lab  Upstairs/Outside </div>	

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The Hub
1401 East 7th St
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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
2:00PM Come as you are
2:30PM Spiritual Journey

2

3
1:00PM Mindful Meditation
1:00PM Expression
Connection
2:00PM Smart Recovery

4

5
12:00PM Weekly Wins and
Barriers
1:00PM Smart Recovery
2:00PM Brush to life
2:00PM Exploring the 12 Steps

8
1:00PM Meet The Employer
2:00PM Advocacy With Alex
2:00PM Come as you are
2:30PM Spiritual Journey

10
1:00PM Mindful Meditation
1:00PM Expression
Connection
2:00PM Smart Recovery

11

12
12:00PM Weekly Wins and
Barriers
12:00PM Sharing Your Story
1:00PM Smart Recovery
2:00PM Brush to Life
2:00PM Exploring the 12 steps

15
2:00PM Come as you are
2:30PM Spiritual Journey

16

17
1:00PM Mindful Meditation
1:00PM Expression
Connection
2:00PM Smart Recovery

18

19
12:00PM Weekly Wins and
Barriers
12:00PM Sharing Your Story
1:00PM Smart Recovery
2:00PM Brush to Life
2:00PM Exploring the 12 steps

22
2:00PM Advocacy With Alex
2:00PM Come as you are
2:30PM Spiritual Journey

23

24
**CLOSED FOR
THE HOLIDAY**

25
**CLOSED FOR
THE HOLIDAY**

26
12:00PM Weekly Wins and
Barriers
12:00PM Town Hall
1:00 PM Smart Recovery
2:00 PM Brush to life
2:00 PM Exploring the 12 steps

29
2:00PM Come as you are
2:30PM Spiritual Journey

30

31
1:00PM Mindful Medication
1:00pm Expression
Connection
2:00pm Smart Recovery



Large Classroom



**Small Classroom/
Computer Lab**



Cafe



Upstairs/Outside